

Embassy of India  
&  
Lal Bahadur Shastri Centre for Indian Culture (LBSCIC)  
Tashkent



Media Release

4th International Day of Yoga: 2018.

The United Nations Organization's General Assembly adopted Resolution to declare 21st June as the International Day of Yoga (IDY) on 11 December 2014.

The people of Uzbekistan along with Yoga professionals and enthusiasts have been participating in large numbers in the International Day of Yoga celebrations being organised every year.

In Uzbekistan, a number of events are being organised for the last one month at various places as part of the Yoga Day celebration. The event will conclude with a **MASS YOGA** session at **Bunyodkar Stadium**, Tashkent on **24 June, 2018** (Sunday) at **07:00** Hrs. The entrance to the event is free.

Let's join hands to celebrate the 4th International Day of Yoga and spread the message of wellbeing, harmony and peace.